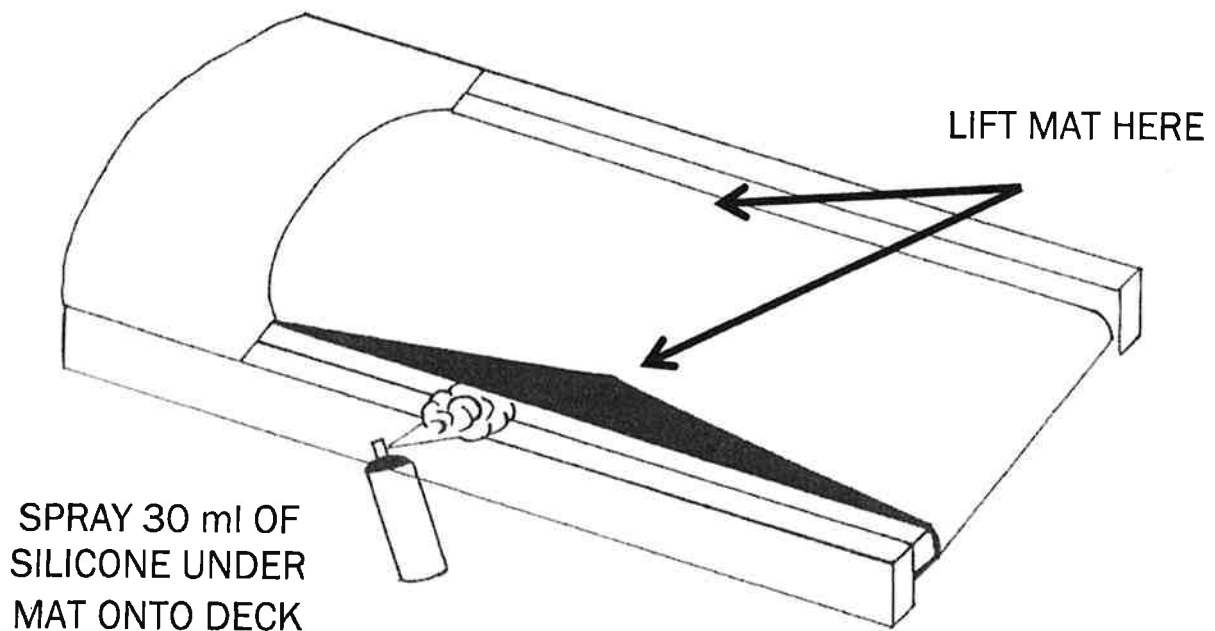


ATTENTION!

TREADMILL MUST BE LUBRICATED WITH 30ml OF SILICONE ONCE EVERY 20 HOURS OF USE OR ONCE PER MONTH TO MAINTAIN OPERATION.

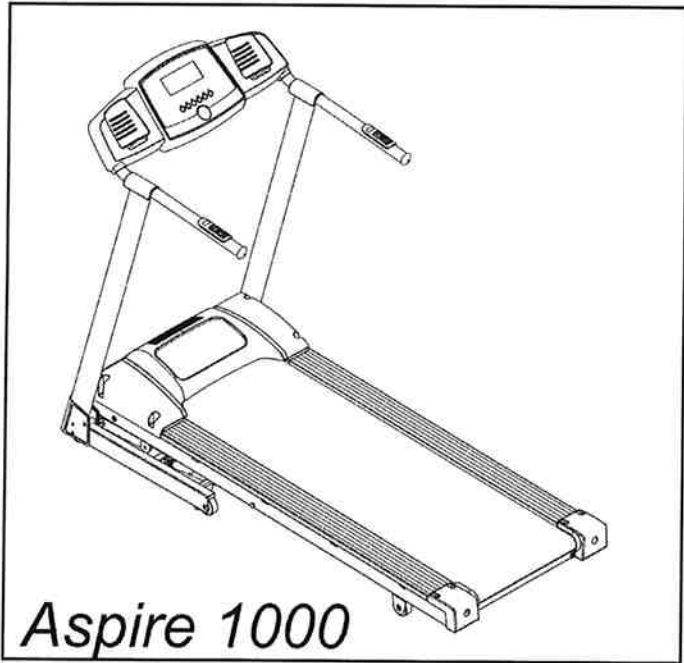
TO LUBRICATE, LIFT MAT AND SPRAY SILICONE ONTO THE RUNNING DECK, ENSURING SILICONE REACHES THE CENTRELINE OF THE DECK, ALL AROUND IMPACT OR FOOTFALL AREA. THE ENTIRE WIDTH OF THE DECK MUST BE COVERED



SILICONE & ONLY 100% HIGH QUALITY SILICONE LUBRICANT MUST BE USED AS LUBRICANT. WD40 & OLIS ARE NOT SUITABLE. WE STRONGLY RECOMMEND INFINITI SILICONE LUBRICANT, AN INFERIOR QUALITY LUBRICANT MAY VOID YOUR WARRANTY. IF YOU ARE UNSURE ABOUT LUBRICATION PROCEDURE, CONTACT YOUR LOCAL DEALER.

WARNING! TREADMILLS NOT MAINTAINED WITH SILICON ARE NOT COVERED BY WARRANTY

Table Of Contents



Congratulations on the purchase of your new motorized treadmill. To help ensure the enjoyable and trouble-free operation of your new treadmill, we strongly suggest you read this manual carefully and follow its recommendations.

■ <i>Important Safety Instruction</i>	1	■ <i>Preset Programs</i>	7
■ <i>Assembly Instruction</i>	2	■ <i>Utilizttion</i>	8
■ <i>Console Operation</i>	4	■ <i>Maintenance</i>	9

For any assistance call the INFINITI CUSTOMER SERVICE HOTLINE TOLL FREE 1800 62 07 07

IMPORTANT SAFETY INSTRUCTIONS

DANGER - To reduce the risk of electric shock

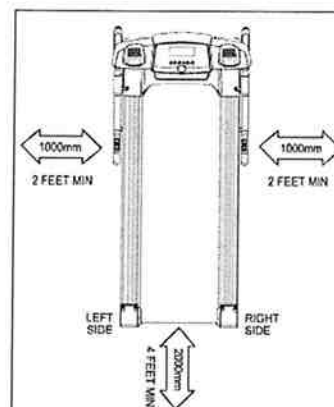
Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

- ◆ Use this appliance only for its intended uses as described in this manual. Do not use attachment not recommended by the manufacturer.
- ◆ To disconnect, turn all controls to the off position, then remove plug from outlet.
- ◆ Connect this appliance to properly grounded outlet only. See Grounding Instructions.
- ◆ The appliance is intended for household use.
- ◆ When you are not going to use your treadmill, or when finishing, please remove the safety key from the console then always position the safety key where the children can not take.
- ◆ Do not use outdoors.
- ◆ Always unplug the treadmill from the electrical outlet immediately after using and before cleaning, assembling or servicing.
- ◆ Never leave the treadmill unattended when plugged in. Disconnect by turning off the master power switch and unplugging from outlet.
- ◆ Never operate this treadmill if it has a damaged cord or plug, is not working properly, if it has been dropped or damaged or if it has been exposed to water.
- ◆ Do not operate where aerosol products are being used or where oxygen is being administered.
- ◆ Don't pull the treadmill by its power cord or use the cord as a handle.
- ◆ Keep close supervision if this treadmill is used by, or near children, persons with disabilities or pets.
- ◆ Keep dry. Do not operate this treadmill in wet or moist conditions.
- ◆ Never insert any object into any opening.
- ◆ Before using the treadmill, always warm up your muscles to prevent the exercise injury.

- ◆ Please unplug the electrical cord from the electrical outlet, and always prevent the children from danger because of careless touching
- ◆ Keep electric cord away from heated surfaces.
- ◆ Keep hands clear of all moving parts. Never place hands or feet under the treadmill.
- ◆ Before each use, check that the running belt is aligned and centered on the treadmill bed and all visible fasteners on the treadmill are sufficiently tightened and secure.
- ◆ Keep the treadmill on a solid, level surface with sides at least two feet from any walls. Be sure the area around the treadmill remains clear during use and has adequate clearance.

NOTE:

Failure to follow these instructions may lead to personal injury and cause damage to the treadmill. To reduce the risk of burns, fire, electric shock, please keep the following in mind:



ELECTRICAL GROUNDING INSTRUCTIONS

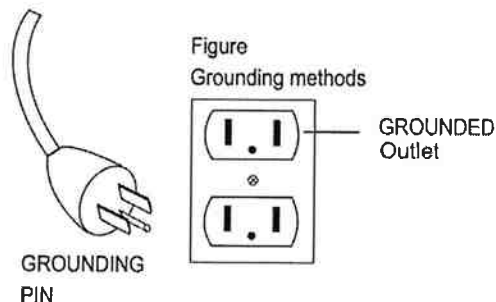
This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This treadmill is equipped with a cord having equipment grounding connector and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

⚠ Danger

Improper connection of the treadmill grounding connector can result in the risk of electric shock. Check with a qualified electrician, if you are in doubt as to whether the product is properly grounded. Don't modify the plug provided with the treadmill. If it won't fit your outlet, have a properly grounded outlet installed by a qualified electrician

⚠ Warning

Never use extension cords between the treadmill and wall outlet.



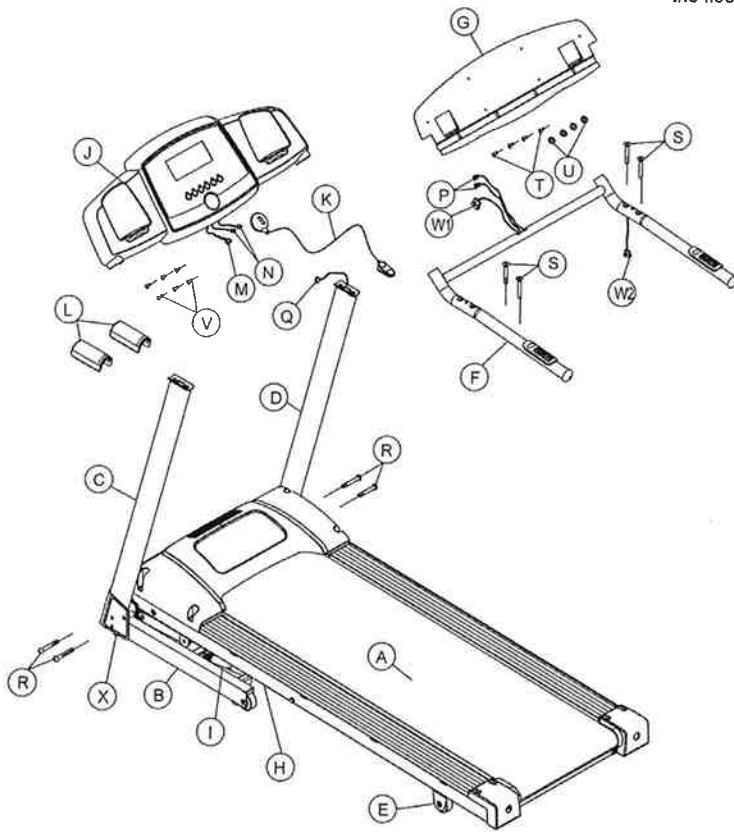
Aspire 1000

ASSEMBLY INSTRUCTION

Warning

After unpacking the fitness equipment, examine it carefully for possible damage. If there is any damage or there are missing parts, please contact your retailer or an authorized repair facility for assistance.

This treadmill is shipped with all parts and tools necessary for assembly. Please read this entire manual thoroughly before assembling. We recommend assembling the treadmill on the shipping carton. Ensure the floor is solid, level and clean.







Parts




- A: Frame
- B: Base Frame
- C: Support handlebar (Left)
- D: Support handlebar (Right)
- E: Wheel
- F: Handlebar
- G: Console bracket
- H: Folding lock tube
- I: Folding Tube
- J: Console
- K: SAFETY KEY
- L: HANDLEBAR END CAP
- M: Upper Caber
- N: Handle bar speed switch set -- Front Section
- O: Middle Cable
- P: Handle bar speed switch set -- Back Section
- Q: Lower cable
- R: Hexagonal Screw, Half Round Head
- S: Hexagonal Screw
- T: Hexagonal Screw, Half Round Head
- U: Curve Washer
- V: Cross Screw

Hardware tool

Screw attached on machine

M8*40L (4PCS)  ①7 Screw	M4*10L (6PCS)  ①9 Screw	M8*15L (4PCS)  ②6 Screw	M8 (4PCS)  ②7 Washer
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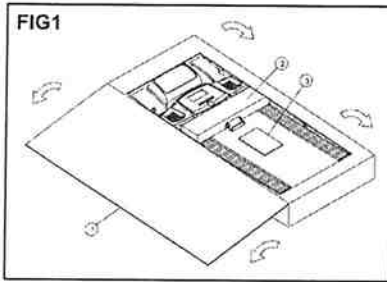
Screw packed by poly bag

M5 (1PCS)  ③1	M6 (1PCS)  ③2	M8*45L (4PCS)  ①8 Screw
--	--	--

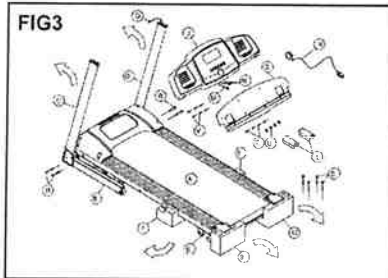
Make sure of the screws already on the machine and in the tooling bag.

Aspire 1000

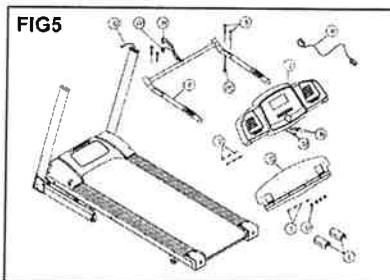
ASSEMBLY INSTRUCTION



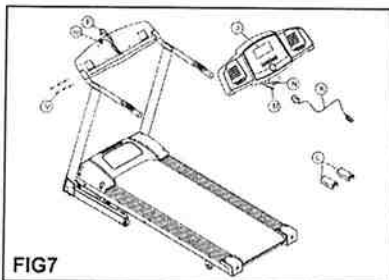
1. Tear off and pave flat of the packing paperboard.



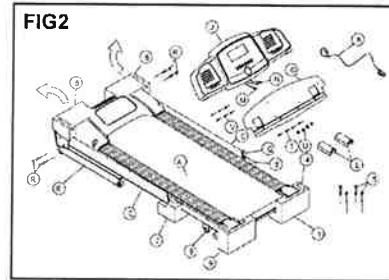
1. Remove 4 screws (R) from the both right/left sides of the base frame, (C) and (D). Stand up the support handle bar to position of (B). Attach the screws (R) back to the both right/left sides of the base frame, (C) and (D), and tighten the screws.



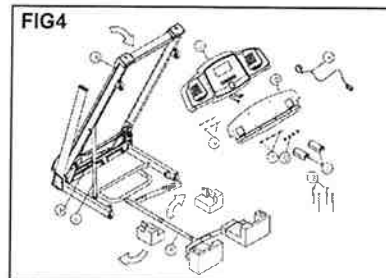
1. Lay the handlebar (F) on the support handles, (C) and (D), and connect the cable (W2). Then, insert the cable into tube.
2. Lock tight the completed handlebar set (F) on support handles with the 4 screws (S) as shown on FIG-6.



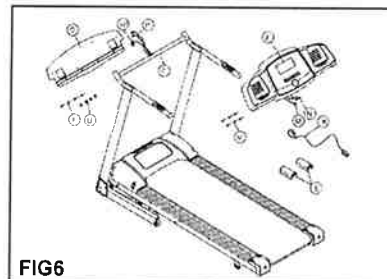
1. Connect the console cable (J) to PCB cables (M) and (W1).
2. Connect 2 hand pulse cables (N) to (P). The connection is for optional function.
3. Fix the console (J) on the bracket (G) by the screws (V).



1. After reading the manual (3), take out the tool bag (4) and the screws (S) from the Styrofoam (10).
2. Take out the console (G, J, K, V) and the hand rail covers (L).
3. Take out the plastic covering and the Styrofoam (2, 5, 6), and leave those of Styrofoam (7), (8), (9) and (10) on.



1. Fold up the main frame (A) carefully, and make sure the lock tube (H) on the folding tube (I) is at the right position.
2. Take out the handlebar and remove the Styrofoam, (7), (8), (9) and (10).
3. Put the main frame down carefully.

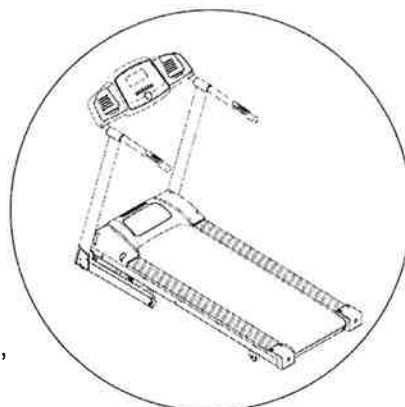


1. Move off the 4 screws (T) and 4 washers (U) on the handlebar (F). Put the console bracket (G) and position it on the handlebar (F). Lock tightly with the screws (T) and the washers (U), as shown in FIG-7.

Aspire 1000 CONSOLE OPERATION

Introduction

The treadmill has one manual function and 5 preset programs(P1~P5). Each preset program has 3 different levels for user to chose. While running with preset programs, the treadmill automatically changes speed. However you can still change speed manually at any time you desire. Before starting the treadmill, ensure the main power switch, which is located at the front side of machine, is in the "ON" position.



Quick start

When the main power switch is in the "ON" position and the safety key is inserted into the console, the monitor window will display a flashing "0:00." Press "START" to begin "Manual Mode."

Program Operation

While turn on power and safety key is inserted, the monitor starts with "beep" and then display 0:00 on all separate LCD windows.

1. Select Program: Press \wedge \vee arrows to chose Programs P1~P5. Then press Mode button.
2. Set Level: Press \wedge \vee arrows to chose workout level you desire. Then press Mode button.
3. Set Time: Chose how long you want to work out by pressing \wedge \vee arrows. All programs will default to 30 minutes if no adjustments are made. Once complete, press "start" button to begin workout.

NOTE

1. When time read out 99:59 or 00:00, a series of "beep" sound last for 5 seconds and then the motor stop.
2. When the safety key is pulled out in any situation, the motor stops immediately and the system is reset to manual setting.
3. The graphic of the workout profiles are printed on the console. Each overall workout time will be segment into 10 sections. Segment time = overall workout time/10

EX: If overall workout time is set at 10 min, then each segment will be 1 min each.

THE PAUSE FUNCTION

Pause the treadmill at any time during operation by pressing "STOP" button once. Resume treadmill operation by pressing the "START" button.

THE RESET FUNCTION

Reset workout program and time by holding "STOP" button for few seconds until the program window displays "0.00". Repeat the above steps to reset desired programs, level and workout time.

Aspire 1000 CONSOLE OPERATION

Button Description

Start/Stop:

This will start the treadmill and this will stop the treadmill. There will also be an emergency stop switch. (Safety Key)

Mode:

This will accept programs/level selection. And this will switch display LAP or Pulse on data window during exercise.

Speed ▲ :

This will select program/level in setting mode before starting. This will increase the speed in 0.1 km/h

Speed ▼ :

This will select program/level in setting mode before starting. This will decrease the speed in 0.1 km/h

Display

The console is with one large LCD with 5 separate windows for data.

Data:

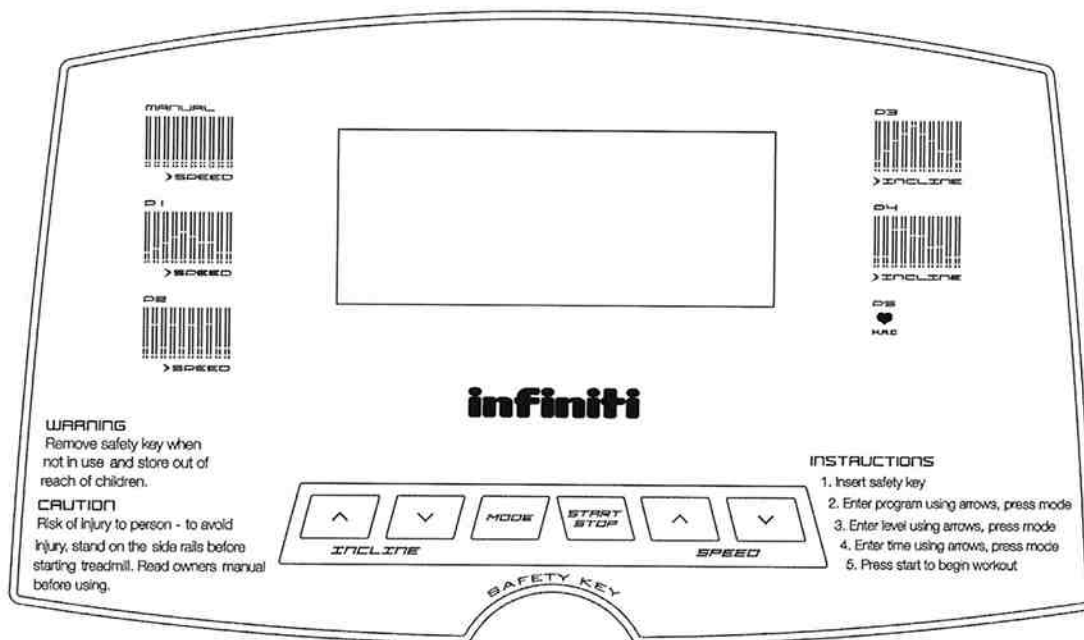
Time: 00:00

Distance: 00:00

Speed: 00:0

Cal.: 0000

Lap/Pulse: 000



Aspire 1000 CONSOLE OPERATION

Program Operation

THE PAUSE FUNCTION

Pause the treadmill at any time during operation by pressing "STOP" button once. Resume treadmill operation by pressing the "START" button.

THE RESET FUNCTION

Reset workout program and time by holding "STOP" button for few seconds until the program window displays "0.00". Repeat the above steps to reset desired programs, level and workout time.

Notes:

- 1) After press "START", there is a warming period for first 3 minutes at incline level 5 and speed 3.0km/hr.
- 2) After warming up, the program compares actual heart rate and target heart rate every 12-15 seconds.
- 3) If the actual heart rate is less than target heart rate, increases speed by 0.2km/h every time and increases incline by 1 once changing speed by 5 times. If the actual heart rate is reached target heart rate, decreases speed by 0.2km/h every time and decreases incline by 1 once changing speed by 5 times.
- 4) If the speed is increased up to max. target speed, then speed can not be increased anymore eventhough the actual heart rate is still less than target heart rate.
- 5) If it does not read heart rate signal from user in 30 seconds after warming up period, the treadmill stops into runend mode.

Aspire 1000 PRESET PROGRAM

Each program is divided into 10 segments and has 3 different levels.
The preset workout time is 30 minutes.

Aspire 1000

speed program

incline program

	P1			P2			P3			P4		
	L1	L2	L3	L1	L2	L3	L1	L2	L3	L1	L2	L3
1	1.5	2.5	3.5	1	2	3	1	2	3	1	2	3
2	2	3	4	6	7	8	3	4	5	1	2	3
3	2.5	3.5	4.5	1	2	3	4	5	6	6	7	8
4	3	4	5	6	7	8	5	6	7	6	7	8
5	3.5	4.5	5.5	1	2	3	6	7	8	5	6	7
6	3	4	5	6	7	8	5	6	7	5	6	7
7	2.5	3.5	4.5	1	2	3	3	4	5	3	4	5
8	2.5	3.5	4.5	6	7	8	3	4	5	3	4	5
9	1.5	2.5	3.5	1	2	3	1	2	3	1	2	3
10	1.5	2.5	3.5	1	2	3	1	2	3	1	2	3

KM/hr

MANUAL

P1

P2

P3

P4

=====
>SPEED

|||||
>SPEED

|||||
>SPEED

|||||
>INCLINE

|||||
>INCLINE

UTILIZATION

Read carefully the following before using your treadmill

- ◆ Always stretch your muscles before exercise program. Warm up slowly by walking at a slow speed. Increase workout intensity gradually until you reach your desired workout pace. gradually to an easy walk, allowing your heart rate to decrease to normal situation.
- ◆ When start the treadmill, always stand with both feet on the step-on side rails.
- ◆ When finishing, allow the running belt to slow and come to a complete stop before stepping off.
- ◆ Wear comfortable, nonrestrictive clothing when using the treadmill. Never wear anything loose, such as baggy sweat pants, neckties, loose socks, or jewelry. Never drape towels on or around the treadmill during use.
- ◆ Always use the handrail when stepping on or off the treadmill and when changing incline or speed.
- ◆ This treadmill is equipped with a safety key - Always clip the cord attached to the safety key to a part of your clothing so the safety key will properly detach from the computer console, therefore stopping the treadmill.
- ◆ Wear running or walking shoes with high- traction soles. To avoid injury and unnecessary wear on your treadmill, be sure your shoes are free of any debris such as gravel and small rocks.

Warning

If you feel dizzy, nausea, chest pain, or other abnormal symptoms, stop immediately. Consult a physician before continuing use.

Before completing an exercise session always

1. Allow time to slow your pace, cool down, reducing your heart rate to a normal level before completing your workout.
2. Grasp the handlebars and press the SLOW Speed button. Slow your pace to an easy walk.
3. Ensure the running belt has come to a complete stop before exiting the treadmill.

Warning

Turn off and unplug the treadmill before proceeding with any maintenance or visual inspections. Failure to do so may result in serious injury. Note: Failure to perform the required periodic and preventative maintenance can void your warranty.

At the end of every exercise session always

1. Remove the Safety Key from the computer console.
2. Use the master power switch to turn the treadmill off. The master power switch is located at the right side of frame next to the electrical cord.
3. Always position and store the electrical cord where is clear from all pathways.
4. Unplug the electrical cord from the electrical outlet. This is especially important if you are not going to use your treadmill for extended periods.
5. Wipe all treadmill surfaces with a dry cloth or towel especially perspiration on the handlebars, control panel, running belt or other treadmill components.