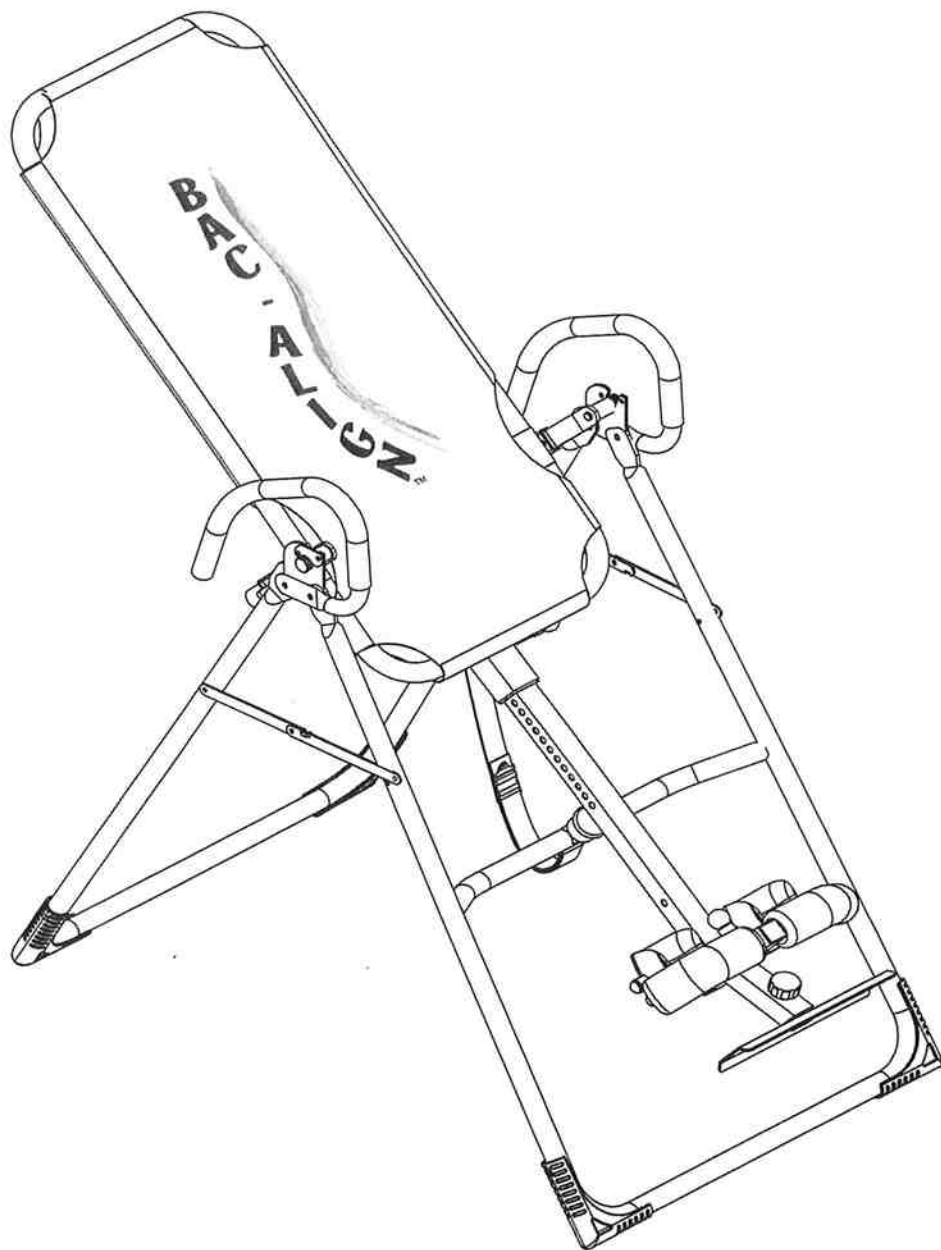
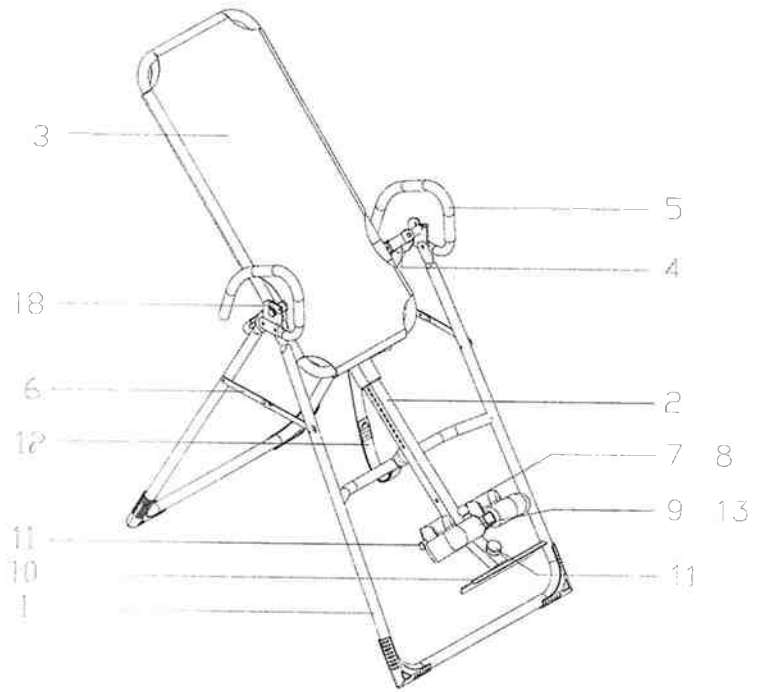


# **BAC-ALIGN**

## **Assembly Instructions**



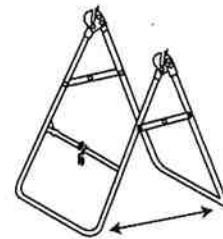
- ⑤ Handle 2 pcs
- ④ Pivot Roller 2 pcs
- ② Boom 1 pc
- ⑦ Ankle Clamp 1 pc
- ⑧ Foam 2 pcs
- ⑨ PU foam 2 pcs
- ⑬ Roller 1 pc
- ⑩ Triangle Knob 1 pc
- ① Main Frame 1 pc
- ⑩ Foot Platform 1 pc
- ⑰ Caps 2 pcs
- ⑫ Belt and snap 1 pc
- ⑥ Spread Arm 2 pcs
- ③ Back Table 1 pc
- ⑩ Cam Lock



## » Parts Number List

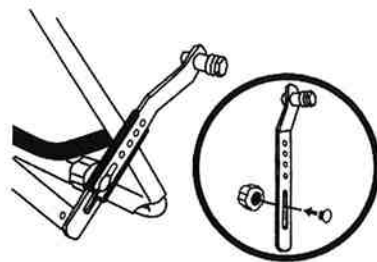


**1** Open Main Frame on a level surface and Spreader arm locked flat



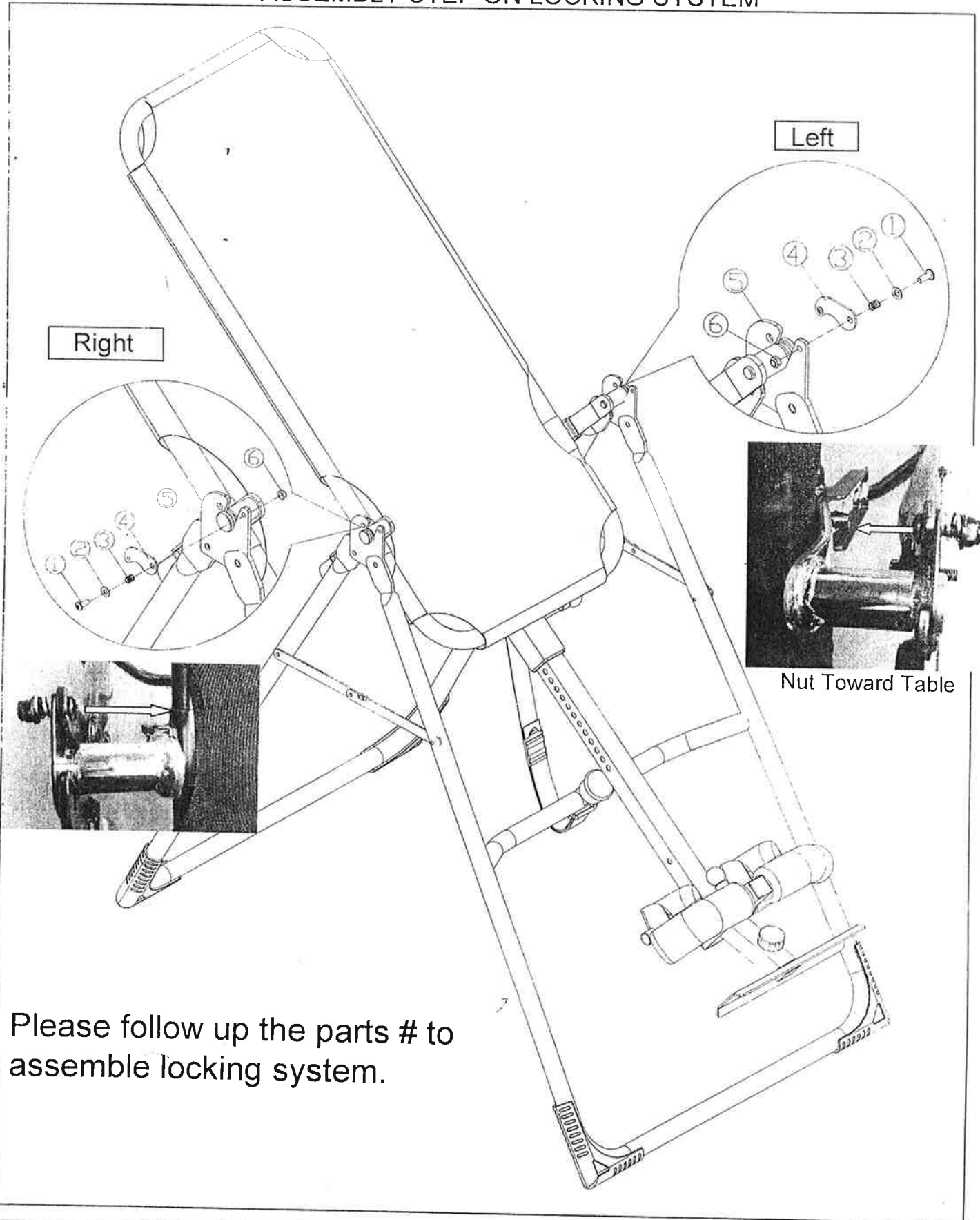
**2** Install pivot Roller to Back Table

Insert the pivot roller through the bracket of back table at second hole and tighten pivot roller on the bracket of the back table by tension knob.



**Warning:** Please set second hole ( middle ) of Same level of pivot roller for beginner . .  
Tighten knob, failure to do so could cause in injury.

# ASSEMBLY STEP ON LOCKING SYSTEM



Please follow up the parts # to assemble locking system.

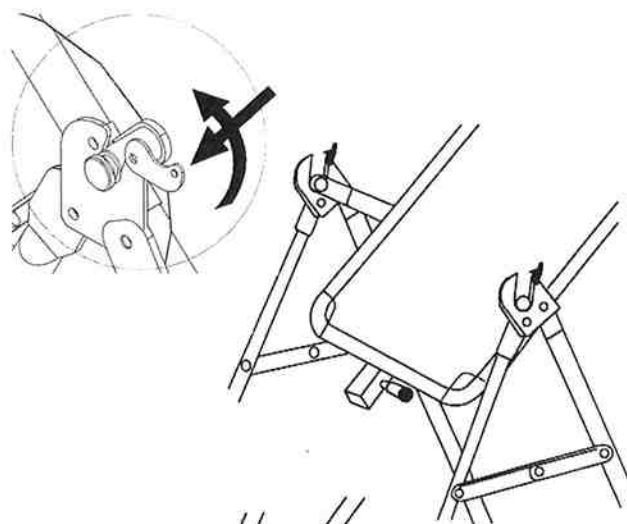
Diagram#	Part Name	Size	Qty
1	Bolt, Round Head	M6 x 20	2
2	Flat Washer	ϕ 6.5x ϕ 13xT1.5	2
3	Adjustment Spring	ϕ 11x ϕ 1.2x8	2
4	Cam Lock		2
5	Pivot Frame		1
6	Nut	M6	2

### **3 Attach back table to main Frame**

Open plastic cam both side and hold each side at the pivot rollers and pick up back table and lower each roller into the slot of hinge on main frame evenly.

Make sure both rollers are seated at base of slot of hinge on main frame at same holes.

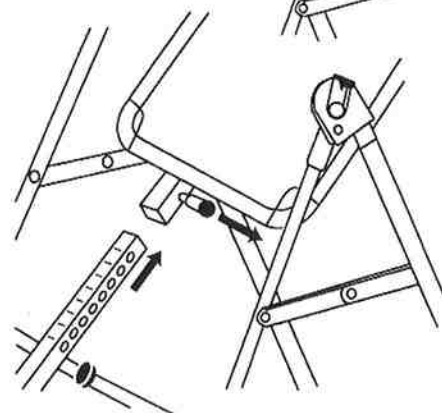
Check to make sure back table rotating smoothly.



### **4 Insert Boom into the back table**

Insert the end of boom into bushing at base of back table. Make sure that height adjustment setting on boom are facing up.

Pull out the locking pin to allow the boom to slide into further, release the locking pin to lock boom at a particular height setting.



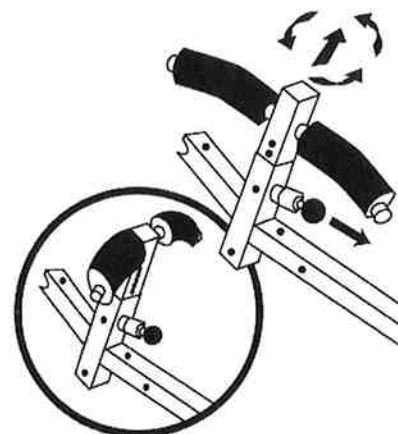
### **5 Rotate the front Ankle clamps on Boom**

Pull out the locking pin.

Pull out the spring loaded front ankle clamps until square tubing is disengaged from boom. Do not overstretch the spring.

Rotate clamps counterclockwise so that the pin holes face up.

Re-engage the square tube into the boom.



### **6 Attach Rear Bar of Ankle Clamps**

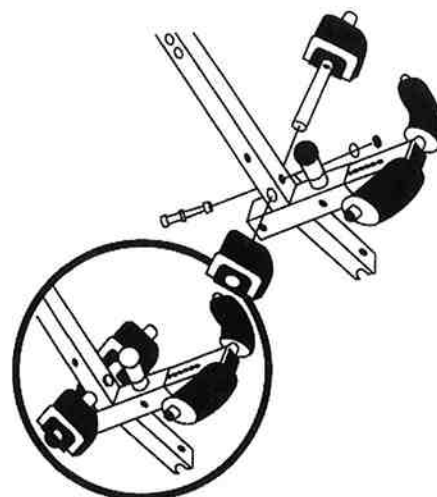
Insert the rear bar with ankle clamps to holes at the bottom of the boom.

Align the hole in the rear bar with hole on the boom and insert the hex bolt into holes.

Tighten by washer and nut.

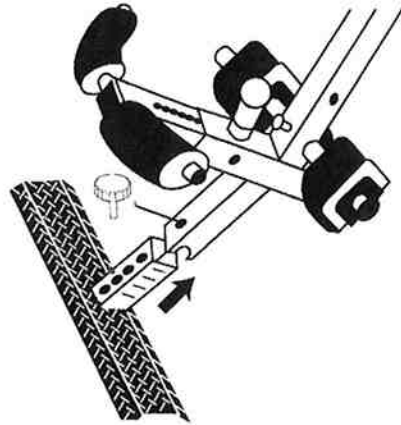
Slide the other foam ankle clamp with chromed backing into rear bar and cap the plug onto the bar.

Make sure that contoured ankle foam are facing up to fit your heel.



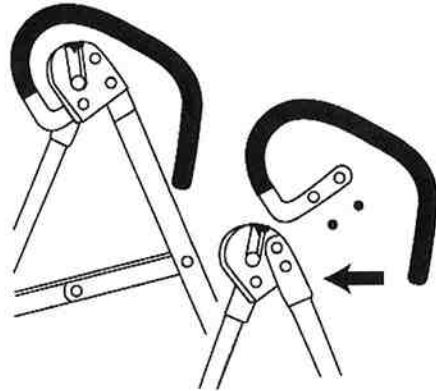
### **7 Assemble foot platform**

Slide the foot platform into the bottom of the boom, adjust the desired height and tighten by triangle-head knob.



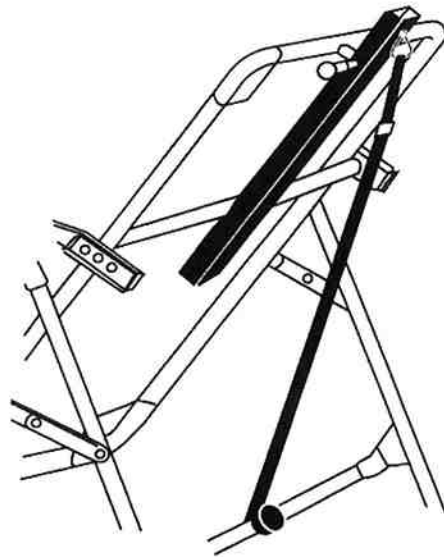
### **8 Attach Handle Bar**

Remove nuts pre-installed on of main frame, then attach handle on hinge of main frame and tighten.



### **9 Attach the belt to limit the degree of rotation**

Unfolded the belt and snap hook into the bracket welded under back table. The belt is adjustable to stop the back table at any desired angle.



### **10 Clean the nylon mat**

Pull up on plastic tension buckles to loosen the straps. Release one corner at a time, then remove the mat off the frame. The mat should be hand washed in cold water. Replace the mat on back table while still wet.

## Suggestions for Inverting

Check pivot roller attached at same level on both side of bracket on back table

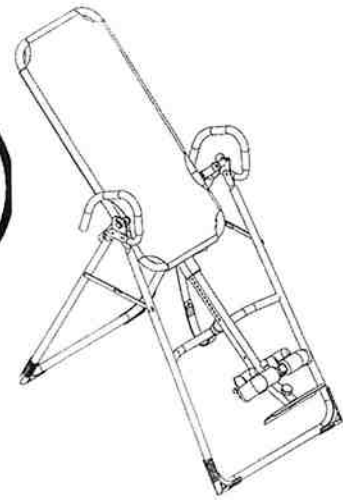
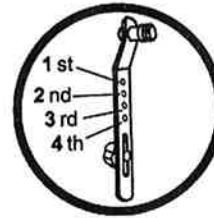
Adjust the belt and hook the snap on clip of back table

### Pivot Roller

first (top) hole is for fully inverting, not suitable for new user.

2<sup>nd</sup> (middle) hole is for inverting

3<sup>rd</sup>, 4<sup>th</sup> (lower) hole are not easy for inverting good for new user.



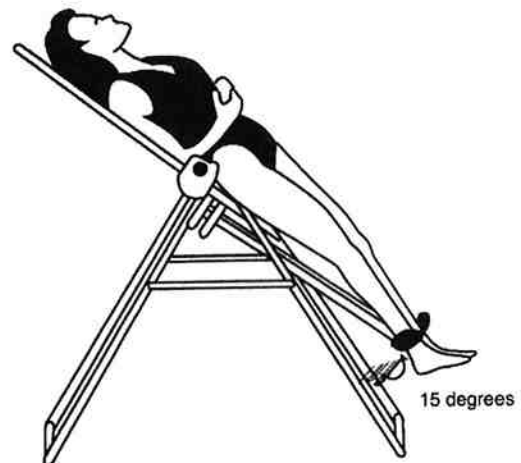
## Balancing

Adjust height setting on boom one inch more than your height to see (For example, if you are 180 CM tall, the height setting is 183 CM) foot stand lift main frame about 15 degrees after you getting on.

" If upper body weight is much heavier than low body ,Then height setting is two inches more to balance "

If your feet do not move, shorten the height setting by one hole.

The best height setting depend on your body weight distribution.



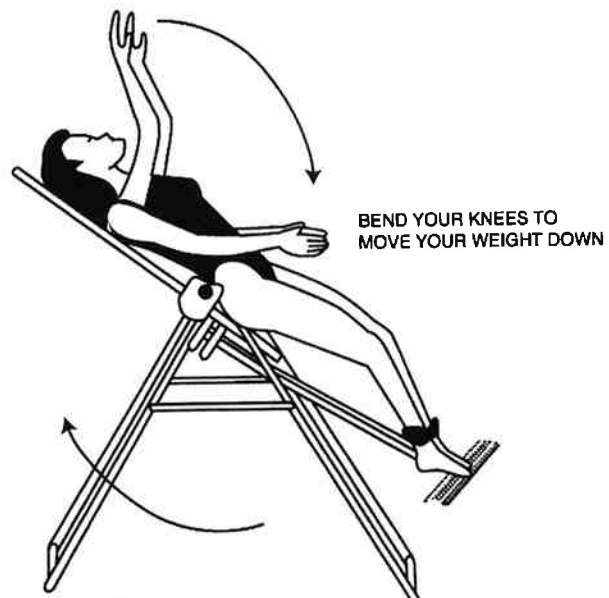
## Inverting

Raise one arm slowly up and over your head to control rotation.

down your hand to starting position.

Raise two hands slowly up and back over your head, Down you hands to starting position to have your body balancing.

Bend your knee to move your body weight.

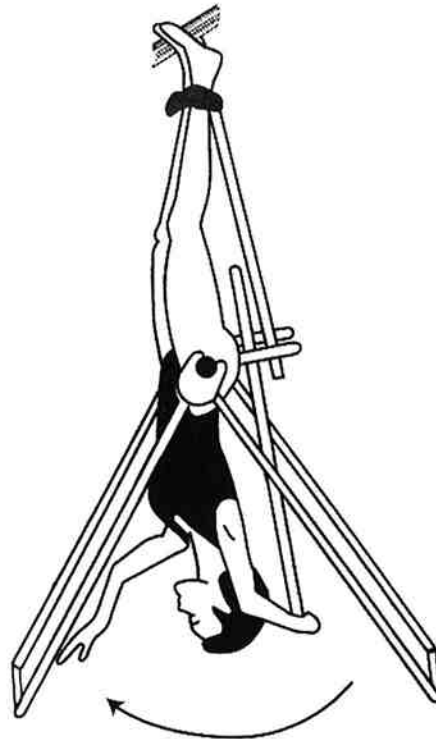


***How to get up from inverting position  
Do not sit up or lift your head***

If you fully inverted, one hand hold back table to have your body closed to back table and one hand pull cross bar of main frame or touch floor to swing back your body to starting position. As shown.



WRONG



MAXIMUM USER WEIGHT IS 300 POUNDS OR 136.4 KGS  
COMPILE WITH SAFETY - CLASS H - pr EN 957-1 2004 and EN 957-4 1996.

**INFINITI FITNESS SYSTEMS**

**7 Grosvenor Place**

**Brookvale NSW 2100**

**Sydney Australia**

**[www.infiniti.com.au](http://www.infiniti.com.au)**

## INFINITI FITNESS SYSTEMS

### COMPREHENSIVE ON SITE WARRANTY

#### WHAT IS COVERED

**This warranty covers the Infiniti product below for the total time specified from the original date of purchase only.** It covers any manufacturing defects in materials or workmanship, with the exceptions stated below.

#### HOW LONG COVERAGE LASTS

1 Year parts and labour  
Lifetime frame

#### WHAT IS NOT COVERED

This warranty does not cover defects resulting from normal wear and tear. This warranty is void if the product has been subject to accident, misuse, abuse, improper maintenance or unauthorized modification. This warranty extends to consumer use only and is void when the product is used for commercial, institutional or hire use. Transfer of original ownership voids the warranty completely. This warranty does not cover the equipment if it has not been used in an enclosed indoor area and it is void if subject to elements such as moisture, salt and other environmental factors such as a pool area.

#### WHAT INFINITI WILL DO

Infiniti will repair or replace defective parts on site wherever possible. Repairs or replacements will in no circumstances exceed purchase price of this product.

#### HOW TO GET SERVICE

You must return the warranty registration card that is included within 30 days of purchase from an authorized Infiniti distributor or dealer to be eligible for warranty service.

#### IF WARRANTY SERVICE BECOMES NECESSARY

*Your authorized Infiniti distributor or dealer who you purchased your product from is responsible for arranging warranty repairs and service.*

You **MUST** do the following to ensure your Infiniti product is repaired under the terms of the warranty;

1. Contact your Infiniti re-seller you purchased from and have a copy of your original purchase documentation.
2. Explain the nature of the problem. The re-seller will determine if the product or part needs to be returned and they will then organize the appropriate action.

*Note: Fees may be charged if service is required outside metropolitan areas.*

For more information contact:

#### **Infiniti Fitness Systems**

7 Grosvenor Pl  
Brookvale NSW 2100  
Sydney, Australia  
PH 02 9939 7111