# Workplace Needs Have Evolved, So Infiniti has the Solution!

#### Walk and Work with a Treadmill Desk from Infiniti Fitness





### Rethinking How We Work

Experts in "inactivity" recommend that we get regular exercise and avoid prolonged periods of sitting.

"While getting 30 minutes of moderate physical activity three to five times per week is certainly a significant contribution to our health and wellness, even people who exercise regularly, but are otherwise sedentary, may not be active enough to combat chronic disease", said Richard Cotton (National Director of Certification at the American College of Sports Medicine).

Finding more time to exercise from hectic schedules is not easy in today's society. We need to make simple lifestyle changes, adding activity and movement to our days without taking time away from other priorities.

Using a treadmill desk you can accomplish daily tasks, like emails, phone calls and typing all while accumulating the recommended 10,000 daily steps.

## Stay healthy, stay fit, save time and be more productive.

Studies have found that those who sit longer for more than 6 hours per day were more than 37% more likely to die from any given cause than those who sat for less than 3 hours.

- Journal of the American College of Cardiology

## The Infiniti TR1200DT Treadmill Desk is Designed to Work Around How You Work

Maintain a clutter free desk and keep cords out of the way. All power cords can be safely stowed and protected



The console is perfectly located for direct and convenient access without taking away any of your desktop workspace. The display shows distance travelled, calories burned and time. The Intelli-Step™ feature works like a pedometer, counting steps taken while you're working.

Comfortably fits users from 4' 10" to 6' 8" tall. Even at the highest setting this table will remain stable. The desktop frame is unattached from the treadmill and stands alone, ensuring that any movement of the treadmill stays isolated and is not transferred to the desktop.



**TR1200DT Desktop Treadmill** 







Perfectly positioned console







Store all power cables and cords to avoid tangles

#### **TR1200DT Desktop Treadmill**







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