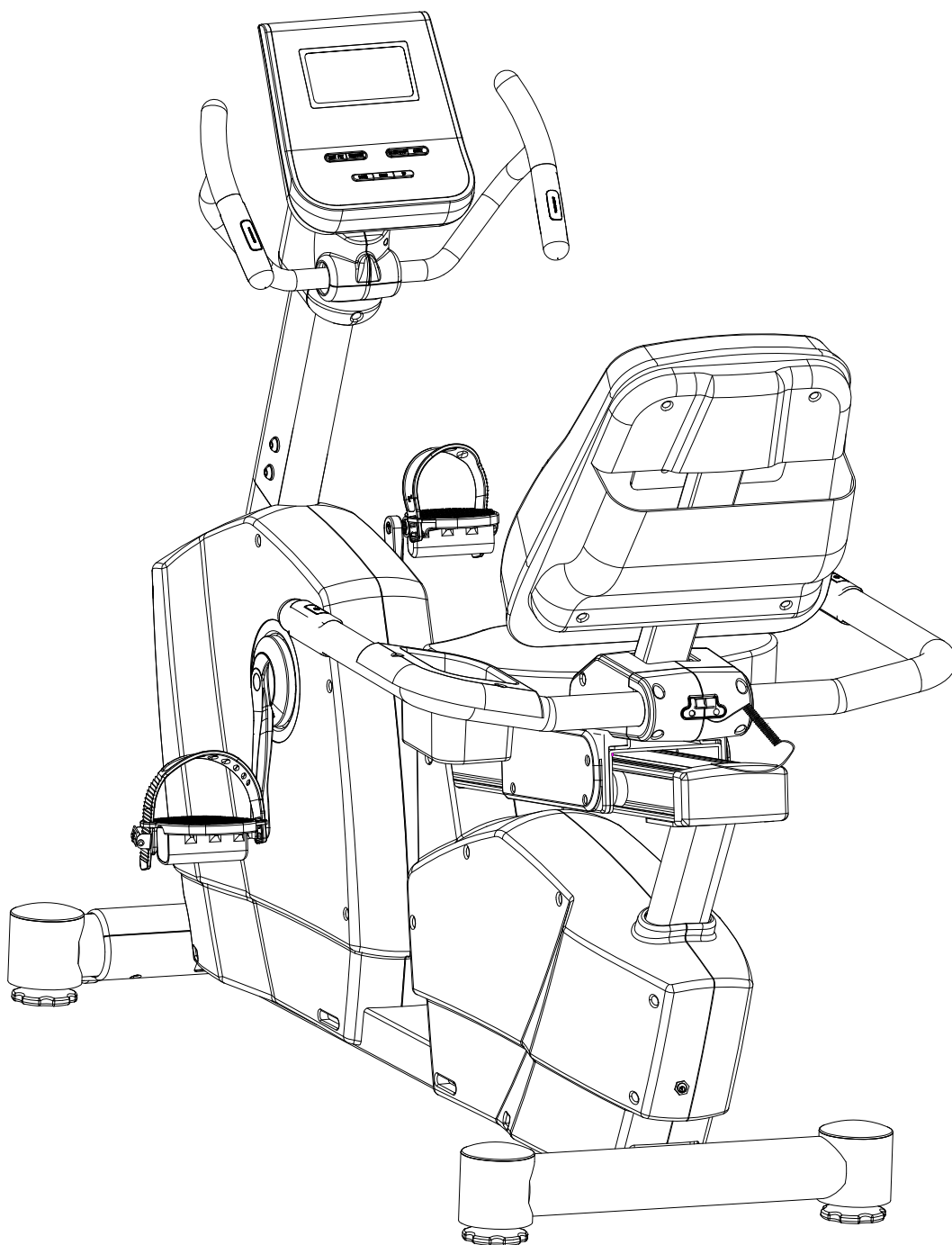




ENDURO Series CR3100



WWW.INFINITI.COM.AU

01 Assembly

Your bike will require a small amount of assembly.
You will find everything you need included in the box.

02 Get to know your bike

Take time to get to know your new bike – it will help you

01 Assembly

PRECAUTIONS

WARNING: This bicycle has been designed and constructed to provide maximum safety. Nevertheless, certain precautions should be taken when using exercise equipment. Read the whole manual before assembling and using the bicycle. The following safety precautions should also be observed:

1. Before using the exercise bike, please read all instructions in this manual.
2. It is the responsibility of the owner to ensure that all users of the bike are adequately informed of all precautions. Use the exercise bike only as described in this manual.
3. Use the bike indoors on a level surface and keep it away from moisture and dust. Place a mat under the stabilizers to protect the carpet or floor.
4. Inspect and tighten all parts regularly. Replace and worn parts immediately
5. Keep children away from this equipment at all times. DO NOT leave them unsupervised in the room where this bicycle is kept.
6. Wear appropriate exercise clothing when using the bike. Do not wear loose clothing that could become caught in the bike.
7. If you feel pain or dizziness while exercising, stop immediately and cool down.
8. The pulse sensor is not a medical device. Various factors including the user's movement, may affect the accuracy of the heart rate readings. The Pulse sensor is intended only as an exercise aid in determining heart rate trends in general.

Pre-assembly notes

OPEN THE BOXES

Make sure to inventory all the parts that are included in the boxes. Check The Hardware Chart for a full count of the number of parts included for proper assembly.

GATHER YOUR TOOLS

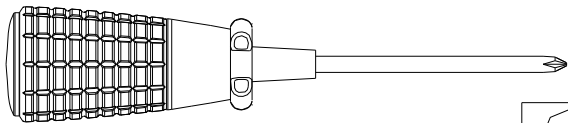
Before starting the assembly of your unit, gather the necessary tools. Having all of the equipment at hand will save time and make the assembly quick and hassle-free.

CLEAR YOUR WORK AREA

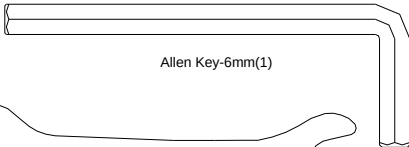
Make sure that you have cleared away a large enough space to properly assemble the unit. Make sure the space is free from anything that may cause injury during assembly. After the unit is fully assembled, make sure there is a comfortable amount of free area around the unit for unobstructed operation.

Hardware chart

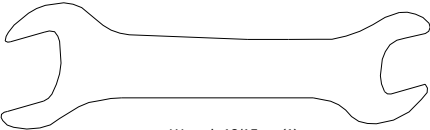
E B 3 1 0 0



Screwdriver (1)



Allen Key-6mm(1)



Wrench-13/15mm(1)



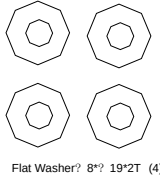
SCREWS M5*P0.8*10L(11)

STEP5*3



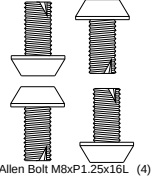
Spring Washer
#7*~2T(2)

STEP3



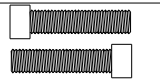
Flat Washer? 8*~ 19*2T (4)

STEP6



Allen Bolt M8xP1.25x16L (4)

STEP6



Allen Bolt M7*P1.0*30L(2)

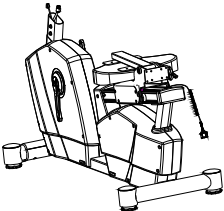
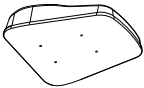
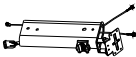
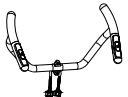
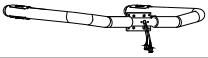
STEP3



Screw M3*30L(3)

STEP5



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01 Assembly

part list

NO	DESCRIPTION	QTY		BOM NUMBRE
A	COMPUTER	1	PCS	PE-SR82300011000
A-1	ADJUSTABLE COMPUTER BRACKET	1	PCS	PH-T-PB-326-1000
A-2	SCREW M5x10L	10	PCS	PD-SWM60510-1042
B	H SHAPE HANDLEBAR $\varnothing$ 31.8*2T*260L	1	PCS	PH-T-PB-425-1000
B-1	HAND PULSE WIRE WITH BODY FAT	2	PCS	PE-B06-0960-1002
B-2	HAND PULSE SENSOR FOR BODY FAT(UPPER)	2	PCS	PL-T-PB-445-1080
B-3	HAND PULSE SENSOR (LOWER)	2	ED	PL-T-PB-447-1080
B-4	HAND PULSE HOLDER	4	PCS	PE-T-PB242-1000
B-5	SCREW M3xP0.5x12L	4	PCS	PD-SGM20312-1041
C	HANDLEBAR POST	1	PCS	MTEB3000FW027005
C-1	LEFT PROTECT COVER	1	PCS	PLEB1000-10-1080
C-2	RIGHT PROTECT COVER	1	PCS	PLEB1000-11-1080
C-3	UPPER PROTECT COVER	1	PCS	PLEB1000-12-1080
C-4	SEMI CIRCLE WASHER $\varnothing$ 8x $\varnothing$ 19x2t	2	PCS	PD-WA220819-1082
C-5	FLAT WASHER $\varnothing$ 8x $\varnothing$ 19x2t	6	PCS	PD-SRM30816-1182
C-6	HEXANGULAR SCREW M8*P1.25*16L	4	PCS	PD-WN230819-1082
C-7	HAND PULSE WIRE (UPPER)	1	PCS	PE-C31-0600-1000
C-8	UPPER COMPUTER CABLE	1	PCS	PE-C52-0600-1000
C-9	2 PIN CONNECTING CALBLE UPPER	1	PCS	PE-E-0D0600-1002
D	FRAME	1	PCS	MTEB3100FW017005
D-1	BEARING 6004RS	2	PCS	PH-BA2-6004-1005
D-2	FLAT WASHER $\varnothing$ 20.3x $\varnothing$ 30x1t	1	PCS	PD-WN262030-1042
D-3	C-TYPE RING $\varnothing$ 20	1	PCS	PD-KCO12000-1002
D-4	CONTROL BOARD	1	PCS	PE-T-PB-357-1000
D-5	SCEWS M5xP0.8x12L	2	PCS	PD-SWM60512-1042
D-6	END CAP FOR STABILIZER	4	PCS	PLEB1000-04-1080
D-7	HEXANGULAR NUT M16*P1.5	4	PCS	PD-NHI61600-1042
D-8	ADJUSTOR FOR STABILIZER	4	PCS	PLEB1000-08-1002
D-9	LOWER COVER FOR BATTERY	1	PCS	PL-P-PB4200-10R1
D-10	BATTERY 6V 4AH	1	SET	PE-T-PB-453-1000
D-11	UPPER COVER FOR BATTERY	1	PCS	PL-P-PB4201-10R1
D-12	SOCKET FOR HOLDING THE BATTERY	1	PCS	PH-T-PB-455-1000
D-13	SCREW M4x10L	2	PCS	PD-SDM60410-1042
D-14	DECORATION COVER	2	PCS	PD-SDM60410-1042
D-15 R	CRANK ARM RIGHT	1	PCS	PH-T-PB-280-1000
D-15 L	CRANK ARM LEFT	1	PCS	PH-T-PB-279-1000
D-16	NYLON SCREW M8xP1.0x20L	2	PCS	PD-SEM10820-7601
D-17	PEDAL (R+ L)	1	SET	PS-T-PB-433-1080
D-18 R	FRONT COVER RIGHT	1	PCS	PLEB3100-02-1000
D-18 L	FRONT COVER LEFT	1	PCS	PLEB3100-01-1000
D-19 R	REAR COVER RIGHT	1	PCS	PLEB3100-04-1000
D-19 L	REAR COVER LEFT	1	PCS	PLEB3100-03-1000
D-20	SCREW M5xP0.8x14L	15	PCS	PD-SWM60514-1042
D-21	SCREW M4x50L	11	PCS	PD-SBM60450-1042

01 Assembly

part list

NO.	DESCRIPTION	QTY		BOM NUMBRE
D-22	COVER FOR DECORATION COVER UPPER	1	PCS	PLEB1000-05-1080
D-23	COVER FOR DECORATION COVER LOWER	1	PCS	PLEB1000-06-1080
D-24	SCREW M8xP1.25x45L	2	PCS	PD-SRM60845-1042
D-25	TRANSPORATION WHEEL	2	PCS	PL-T-PA-017-1000
D-26	FLAT WASHER $\varphi 8 \times \varphi 16 \times 1t$	2	PCS	PD-WN160816-1042
D-27	NYLON NUT M8*8t	2	PCS	PD-NNM60801-1042
D-28	SCREW M3x25L	2	PCS	PD-SBM30325-1082
D-29	HANDPULSE WIRE LOWER	1	PCS	PE-C31-2900-1000
D-30	CABLE LOWER	1	PCS	PE-C53-0700-1000
D-31	2 PIN CONNECTING CALBLE LOWER	1	PCS	PE-E-0D1200-1002
E	SLIDER SET 4T	1	PCS	PH-T-PB-243-1000
E-1	SEAT	1	PCS	PS-T-PB-416-1002
E-2	SUPPORT TUBE FOR BACK SEAT	1	PCS	MTEB3000FW057005
E-3	BACK SEAT	1	PCS	PS-T-PB-272-1002
E-4	READING RACKET	1	PCS	PL-SUF755R251102
E-5	SCREW M10x20L	2	PCS	PH-P-PB1913-1082
E-6	FLAT WASHER	14	PCS	PD-WN230819-1082
E-7	SCREW M8*P1.25*16L	14	PCS	PD-SRM30816-1182
E-8	SCREW M5xP0.8x20L	4	PCS	PD-SWM60520-1082
E-9	DECORATION COVER SADDLE RIGHT (1)	1	PCS	PLEB3000-19-1080
E-10	HOLDER FOR ADJUSTOR	1	PCS	PLEB3000-15-1080
E-11	AXLE FOR HOLDER	1	PCS	PH-T-PB-285-1000
E-12	TURNING SOCKET	1	PCS	PLEB3000-16-1000
E-13	NYLON NUT M8*8t	1	PCS	PD-NNM20801-1041
E-14	ADJUSTOR	1	PCS	PLEB3000-14-1000
E-15	SCREW	14	PCS	PD-SPM20655-1041
E-16	STOPPER	1	PCS	PLEB3000-13-1080
E-17	HANDLEBAR	1	PCS	PLEB3000-11-1000
E-18	NYLON NUT M6	1	PCS	PD-NNM60600-1042
E-19	BUSHING $\varphi 6 \times 10L$	2	PCS	PH-T-PB-327-1000
E-20	SOCKET	1	PCS	PLEB3000-10-1080
E-21	TESNSION CABLE	1	PCS	PLEB3000-10-1080
E-22	SOCKET FOR TENSION CALBE	1	PCS	PH-T-PB-246-1000
E-23	SCRWS M6*55L	1	PCS	PD-SOM30655-1082
E-24	CLAMP	1	PCS	PH-T-PB-247-1000
E-25	NYLON NUT M6	1	PCS	PD-NNM60600-1042
E-26	DECORATION COVER SADDLE RIGHT (2)	1	PCS	PLEB3000-05-1080
E-27	STORAGE RABBET	1	PCS	PLEB3000-17-1080
E-28	END CAP ALIMINUM SLIDER	1	PCS	PLEB3100-05-1000
E-29	CAP FOR HANDLEBAR	2	PCS	PL-P-PB1711-1002
E-30	HANDLEBAR FOR SEAT	1	PCS	AAEB3000FA069000
E-31	COVER FOR SEAT HANDLEBAR (1)	1	PCS	PLEB3000-20-1080
E-32	COVER FOR SEAT HANDLEBAR (2)	1	PCS	PLEB3000-21-1080
E-33	SUPPORT PORT	1	PCS	PE-T-PB-338-1000
E-34	CONNECTING CABLE	2	PCS	PE-B11-0750-1002
E-35	SCREW M3xP0.5x12L	4	PCS	PD-SGM20312-1041

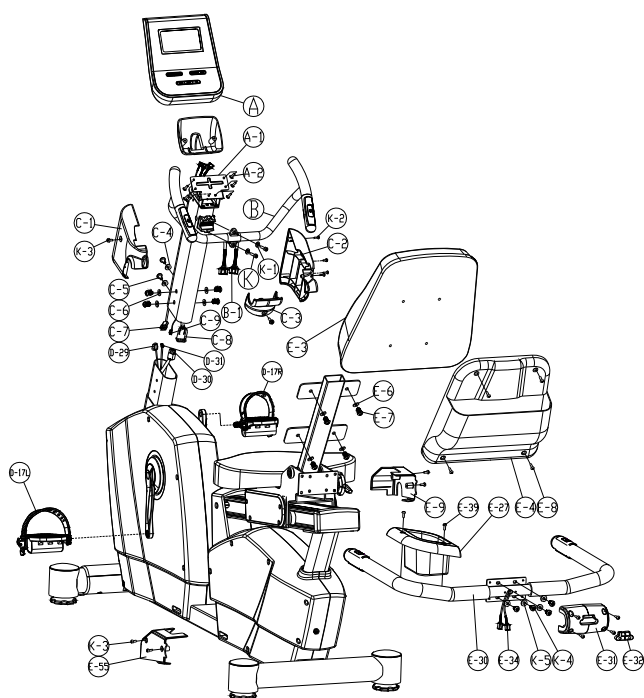
01 Assembly

part list

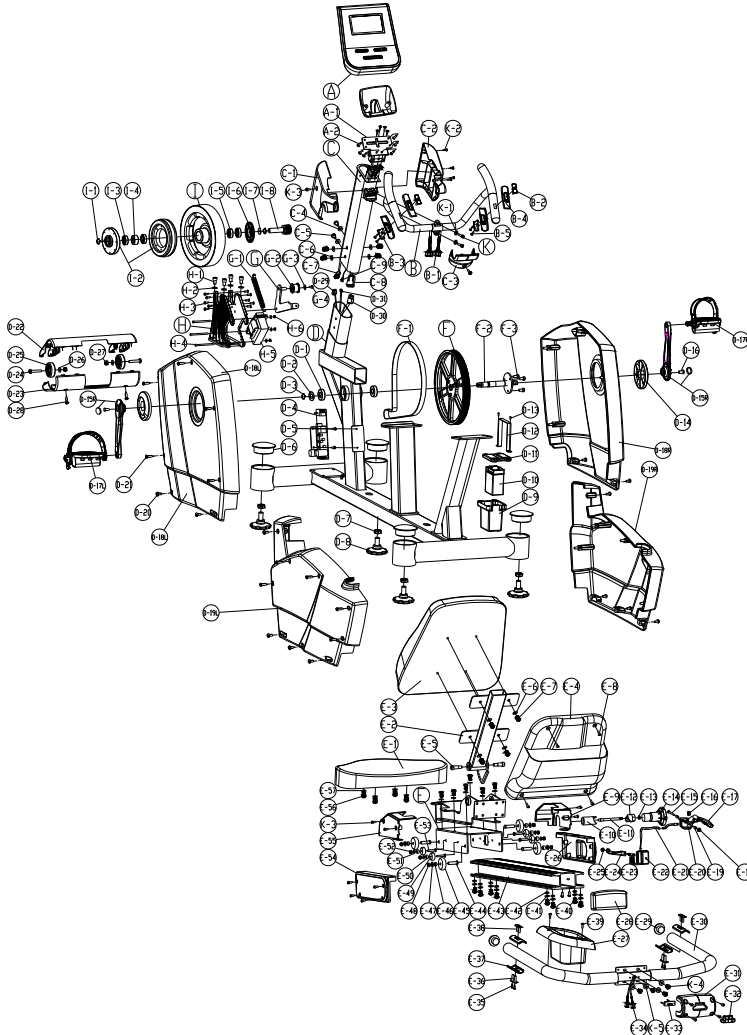
NO.	DESCRIPTION	QTY		BOM NUMBRE
E-36	HOLDER FOR HANDPULSE LOWER	2	PCS	PL-T-PB-447-1080
E-37	HANDPULSE SLICE	4	PCS	PE-P-PB3428-1000
E-38	HOLDER FOR HANDPULSE UPPER	2	PCS	PL-T-PB-446-1080
E-39	SCREW M5xP0.8x14L	2	PCS	PD-SWM30514-1082
E-40	HEXAGONAL SCREW M8xP1.25x25L	8	PCS	PD-SRM30820-1182
E-41	CURVED WASHER ϕ 8x ϕ 19x2t	8	PCS	PD-WA220819-1082
E-42	NYLON NUT M8*8t	8	PCS	PD-NNM60801-1042
E-43	ALIMINUM SLIDER	1	PCS	MH-T-PB-253-2000
E-44	SCREW 3/8"-16x35L	4	PCS	PD-SHI31235-1082
E-45	ROLLER (1)	4	PCS	PL-T-PB-278-1000
E-46	BUSHING ϕ 10x ϕ 14x6mmL	4	PCS	PH-P-PA-009-1000
E-47	FLAT WASHER ϕ 10.5x ϕ 17x2t	8	PCS	PD-WN211017-1041
E-48	NYLON NUT ϕ 10.5x ϕ 17x2t	4	PCS	PD-NNI21200-1041
E-49	ROLLER (2)	4	PCS	PL-P-PB2547-1000
E-50	BUSHING ϕ 10x ϕ 14x6mm	4	PCS	PH-P-PA-009-1000
E-51	FLAT WASHER ϕ 10.5x ϕ 17x2t	8	PCS	PD-WN261017-1042
E-52	NYLON NUT 3/8"x9t	6	PCS	PD-NNI61200-1042
E-53	HEXAGONAL SCREW 3/8"-16x35L	4	PCS	PD-SHI61235-1042
E-54	DECORATION COVER SADDLE LEFT(2)	1	PCS	PLEB3000-06-1080
E-55	DECORATION COVER SADDLE LEFT (1)	1	PCS	PLEB3000-18-1080
E-56	SCREW M8*P1.25*16L	4	PCS	PD-SRM30816-1182
E-57	FLAT WASHER ϕ 8x ϕ 19x2t	4	PCS	PD-WN230819-1082
F	DRIVING PULLEY ϕ 260	1	PCS	PH-PJ6A2601-1000
F-1	DRIVING BELT J6 1059mm	1	PCS	PH-LJ6M1059-1000
F-2	SHAFT SET	1	SET	AAEB1000FA069000
F-3	HEXAGONAL SCREW M8xP1.25x12Lx5t	3	PCS	PD-SHM20812-1102
G	IDLE WHEEL AXLE	1	PCS	MTEB3000FW037005
G-1	SPRING FOR IDLE AXLE OD ϕ 16x ϕ 2.0x35T	1	PCS	PH-P-PB1226-1000
G-2	IDLE WHEEL	1	PCS	PH-P-PB3851-1000
G-3	FLAT WASHER ϕ 8* ϕ 19*2T	1	PCS	PD-WN220819-1041
G-4	HEXAGONAL SCREW M8xP1.25x25Lx3t	1	PCS	PD-SHM10825-1141
H	SUPPORT SOCKET FOR EMS SYSTEM	1	SET	PH-P-PB3397-1000
H-1	HEXAGONAL SCREW M10xP1.5x20L	4	PCS	PD-SOM21020-1041
H-2	SPRING WASHER ϕ 10	4	PCS	PD-WS221000-1041
H-3	SCREW M5xP0.8x10L	8	PCS	PD-SWM20510-1141
H-4	SCREW M5xP0.8x80L	3	PCS	PD-P-PB3257-1041
H-5	ELECTRIC MAGNET	1	PCS	PE-P-PB3549-1100
H-6	HEXAGONAL NUT M5	6	PCS	PD-NHM20500-1041
I	GENERATOR FLYWHEEL	1	PCS	PH-FDX24045-1002
I-1	C-TYPE RING	2	PCS	PD-KCO11700-1002
I-2	CIRCLR WIRE FOR GENERATOR	1	PCS	PH-T-PB-417-1100
I-3	BEARING 6003RS	3	PCS	PH-BA2-6003-1005
I-4	ONE-WAY BEARING	1	PCS	PH-P-PB3485-1000
I-5	BEARING 6203RS	1	PCS	PH-BA2-6203-1005
I-6	PROTECTING COVER FLYWHEEL	1	PCS	PH-P-PB2943-1100
I-7	FLAT WASHER ϕ 17.5x ϕ 25x0.3t	1	PCS	PD-WM121725-1000
I-8	SMALL PULLEY J8x ϕ 30	1	PCS	

K	SCREW M7xP1.0	2	PCS	PD-SOM30730-1082
K-1	SPRING WASHER Φ 7X2t	2	PCS	PD-WS310700-1082
K-2	SCREW M3x30L	3	PCS	PD-SBM30330-1082
K-3	SCREW M5x10L	11	PCS	PD-SWM20514-1082
K-4	SCREW M8*P1.25*16L	4	PCS	PD-SRM30816-1182
K-5	FLAT WASHER ϕ 8x ϕ 19x2t	4	PCS	PD-WN220819-1082
P	BATTERY CHARGER	1	PCS	PE-P-PB4386-1100

drawing for assembly



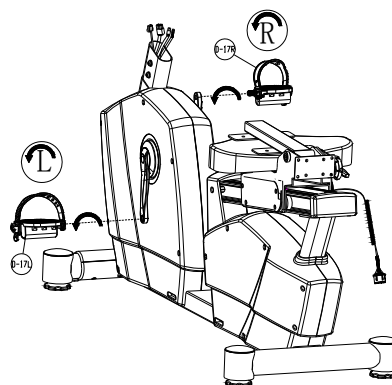
exploration drawing



STEP 1 – Install Pedals

Insert the Right Pedal (D-17R) into the right arm of the Crank assembly and finger tighten in a clockwise direction until the thread is fully inserted in the crank.

Repeat for the Left Pedal (D-17L) finger tighten in an anticlockwise direction. Tighten both with the wrench.



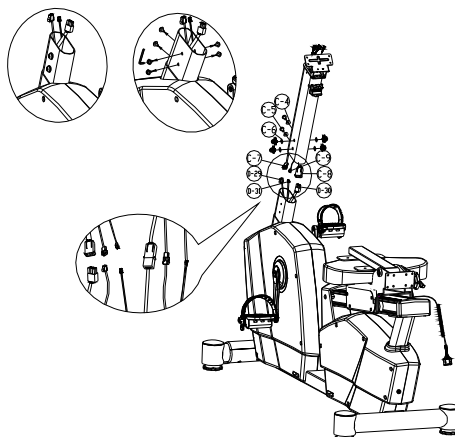
STEP 2 – Install Handlebar Post

Take off screws and washers from handlebar post (C-4/C-5/C-6).

Connect upper hand pulse wire (C-7) hand pulse wire bellow (D-29)

2 pin upper computer cable (C-9) and computer cable bellow (D-31).

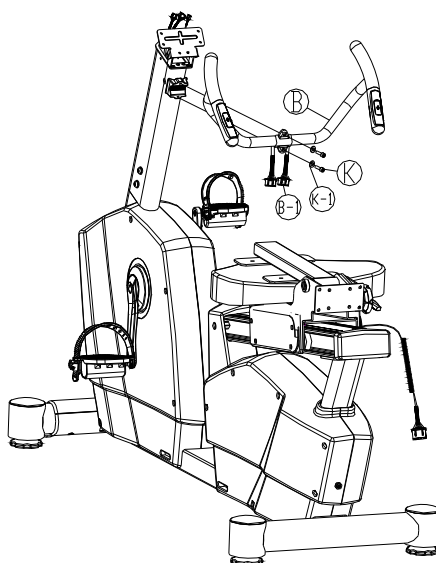
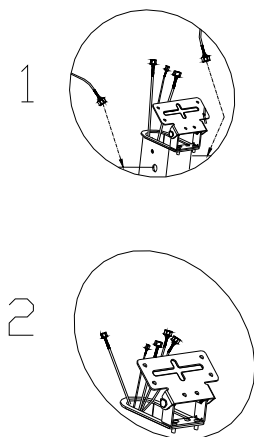
, cable (C-8 & D-30) then combine handlebar post (C) with main frame by screws, flat washers and wave washers with screws and washers.



STEP 3 – Install Handlebar

Insert two hand pulse wire with body fat (B-1) into left and right hole of handlebar post then pull them out from handlebar post.

Screw handlebar (B) to handlebar post by screws (K) and spring washers (K-1).

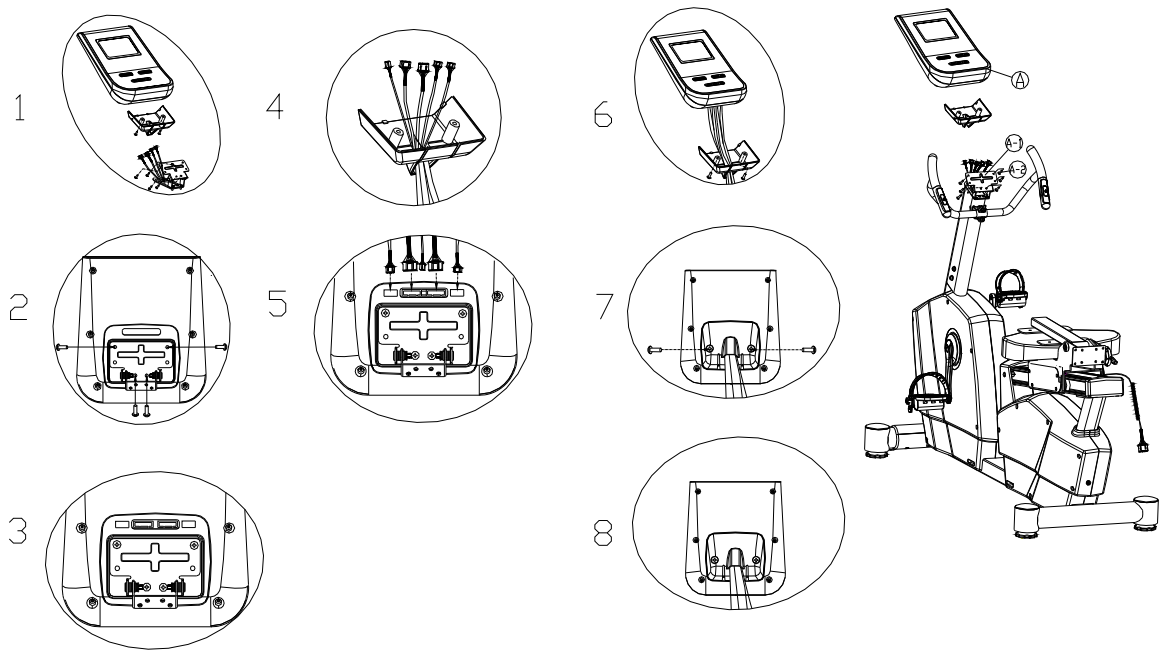


2 *  M7*30L  Ø7*2T

STEP 3

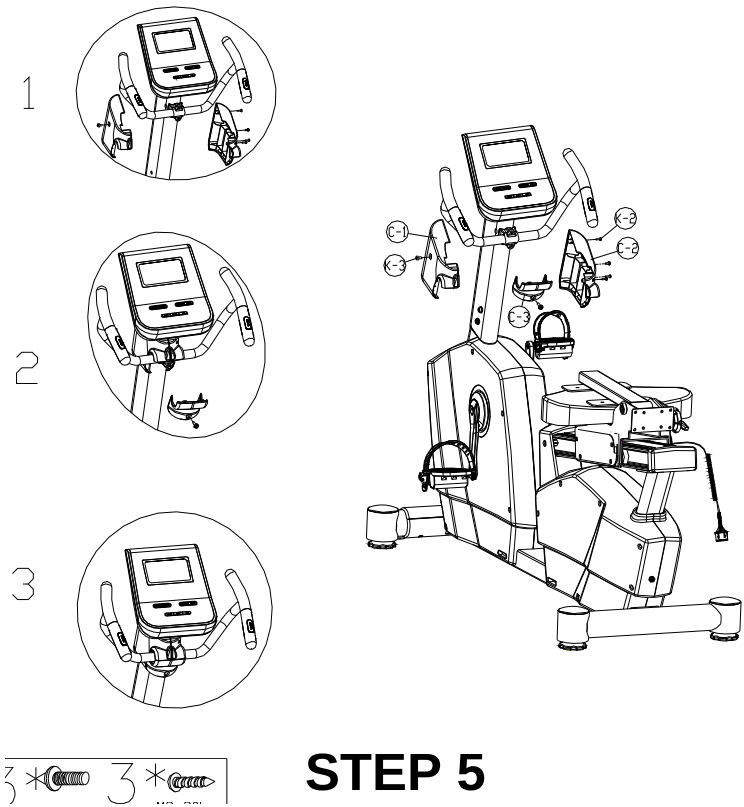
STEP 4 - Insert Computer

Take off back cover of computer and four screws (A-2) from adjustable computer bracket (A-1). Then fix the computer plate by screw (A-2) Make four computer cables & sensor through the computer back cover. Connect four cables with computer, and then screw computer back cover back with screw (A-2). Please see the detailed assembly as below :



Step 5 – Install Protect Cover

Screw left and right protect cover (C-1/C-2) together to handlebar post by three screws (K-2) and two screws (K-3). Screw upper protect cover (C-3) to handlebar post by cross screw (K-3)

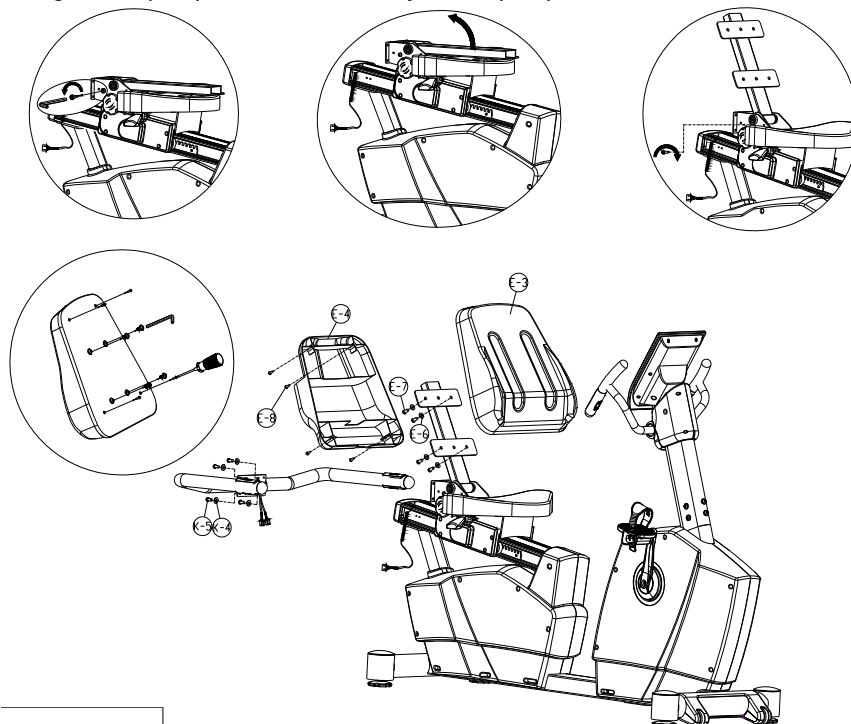


STEP 5

Step 6 – Install Seat and Carrier

Take round hexangular screw (E-5) off from seat stabilizer (E). Make seat support frame (E-2) upper then screw (E-5) it back.

Fix the seat handlebar (E-30) with screws (K-4 & K-5) to the mainframe. Connect the back seat (E-3) on the mainframe by screws (E6 & E7). Then put the reading racket (E-4) on the back seat by screw (E-8).

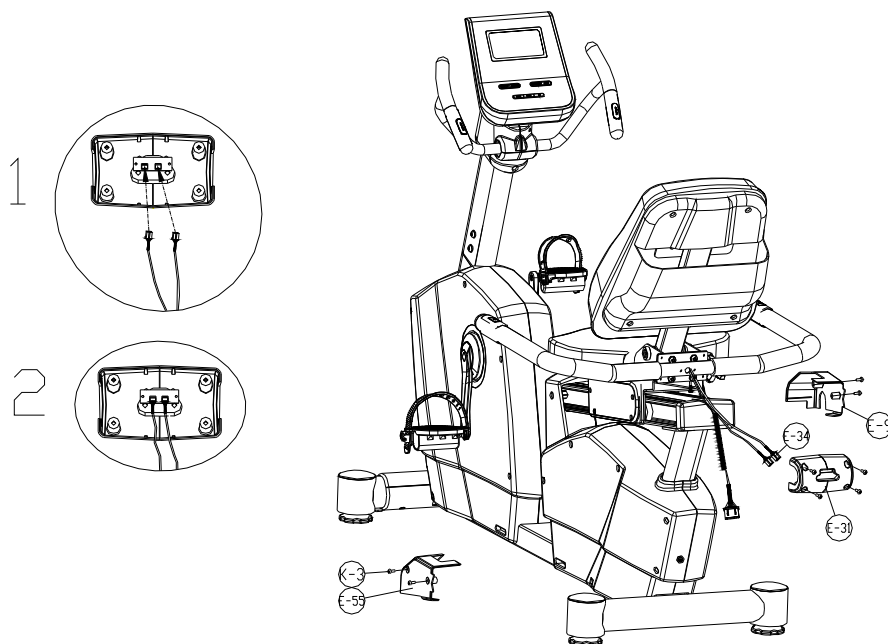


4 *  
M8*16L Ø8*2T

STEP 6

Step 7 – Install Seat Cover

Insert two cables (E-34) to handlebar cover (E-31). Screw handlebar cover to handlebar with screws (K-3). Screw left and right seat cover (E-55/E-9) to handlebar.

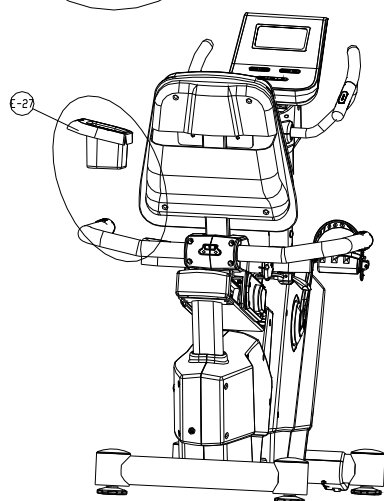
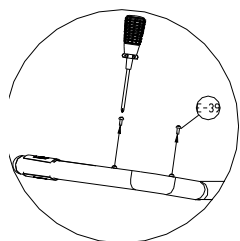
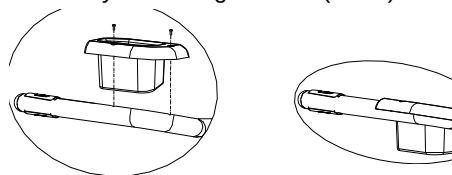


8 * 
M5*10L

STEP 7

Step 8 – Assembly storage rabbet

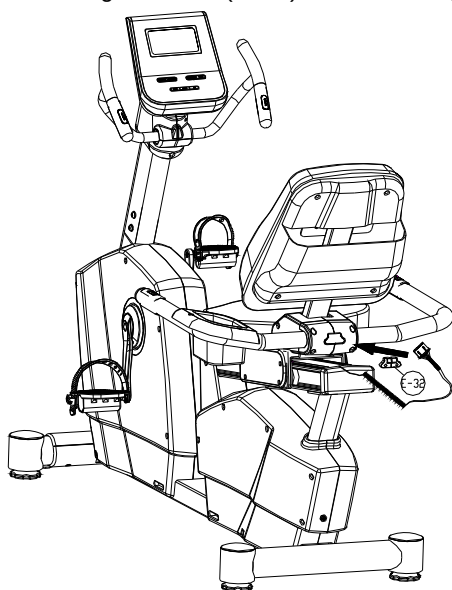
Assembly the storage rabbet (E-27) onto the seat handlebar with screw (E-29)



STEP 8

Step 9 – Connecting cable

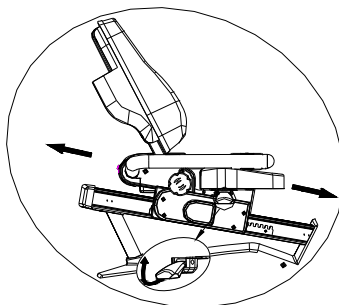
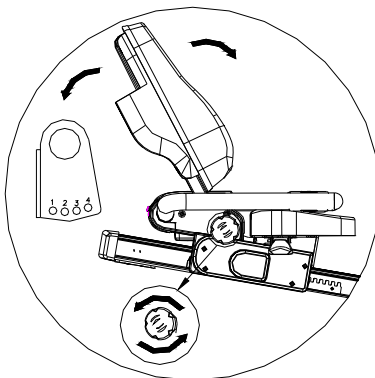
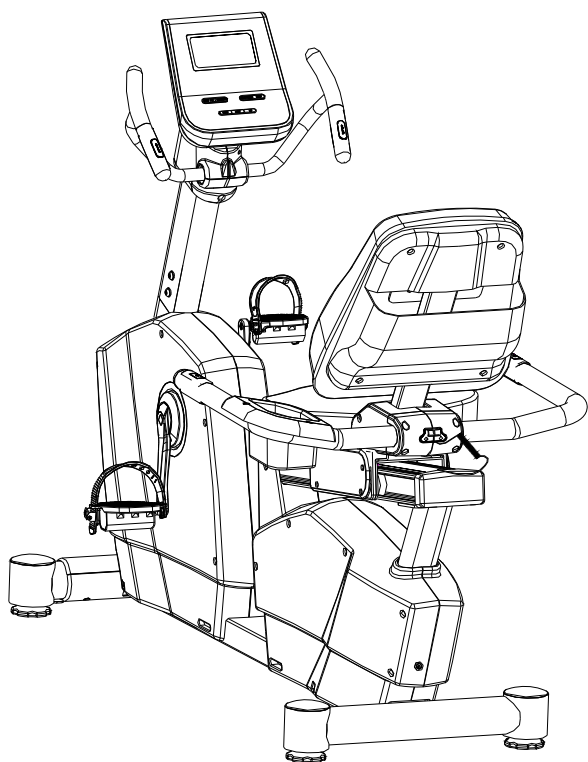
Connecting the cable (E-50) to the socket (E-32)



STEP 9

Step 10 – Seat Adjustment

You can make seat move forward and backward by handle for slider(E-17). Also, you can adjust the angle of back rest (E-3) by knob (E-14).

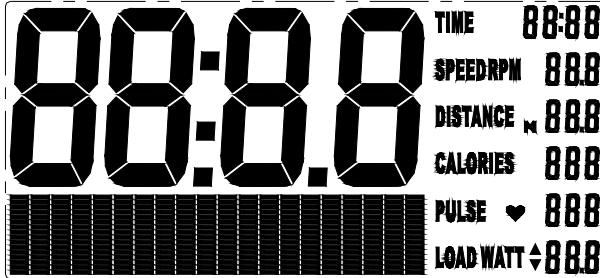


STEP 10

COMPUTER INSTRUCTION

Before operating computer, you must riding the machine for at least 5 minutes to save the power Of operating the computer

1. Power on, LCD will display segment for 2 seconds with long beep sound. (drawing1), and display wheel diameter (drawing2) then personal data setting mode.
2. During personal data setting, user may keep on peddling in above 15RPM. After 30 seconds without RPM signal input, backlight will off ; after 90 seconds without RPM signal input, computer will enter into sleep mode automatically.



drawing 1

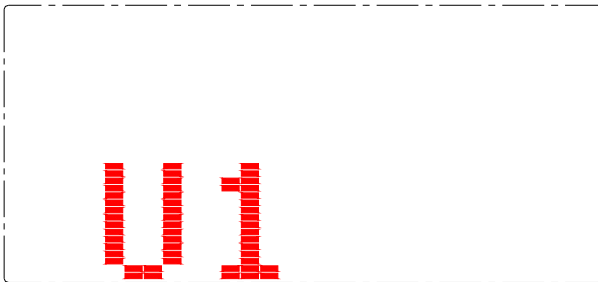


drawing 2

3. USER personal data setting (U1 – U9):

3-1 U1 is glittering, user may press UP and DOWN button to select user 1, user 2 to user 9.

3-2 Preset personal data (incl. AGE, WEIGHT, HEIGHT, SEX). And press MODE button for confirmation.



drawing 3



drawing 4

4. Manual is glittering in the sleep mode, (drawing 4) , you may press UP and DOWN to select training mode MANUAL / PROGRAM / USER PROGRAM / H.R.C. / WATT (drawing 5 ~8)and press MODE for confirmation. The monitor will enter MANUAL mode for training without selection.



drawing 5



drawing 6



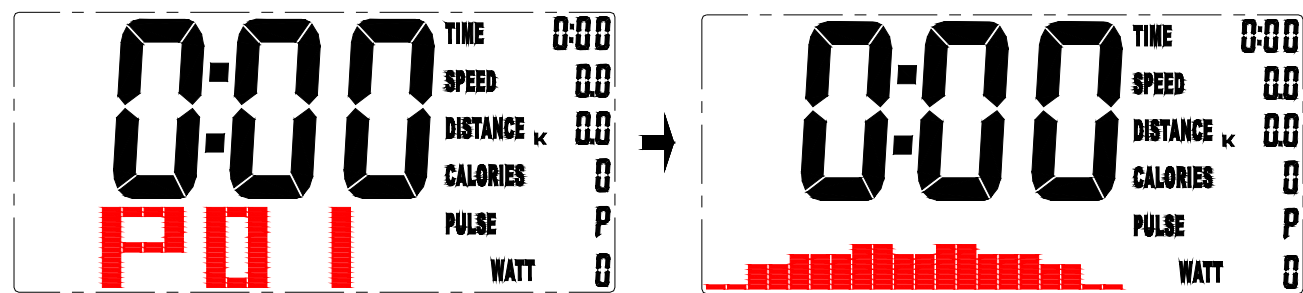
drawing 7



drawing 8

5. Training in PROGRAM mode :

4-1 In the PROGRAM mode, you may press UP/DOWN button to select program P01,P02,P03...~P12, the selected program will be show on screen for 2 seconds then display program profile accordingly. (drawing 9).



drawing 9

4-2 LOAD 1 (preset value) is glittering after training program selected, you may turn UP/DOWN button to select level from 1 to 8 and MODE button for confirmation. (drawing 10)
Load level can be adjusted during training.

6. Training in MANUAL mode

5-1 In the MANUAL mode, you may turn UP/DOWN button to select load level from 1 to 16, the preset level is 1. (drawing 11)。

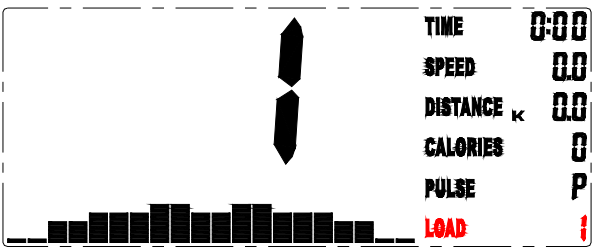


圖 10

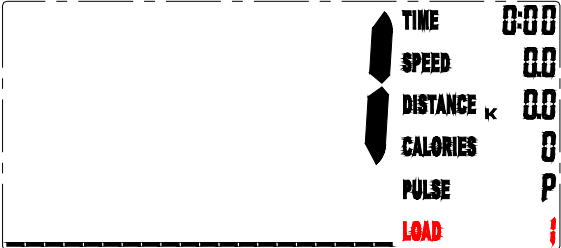
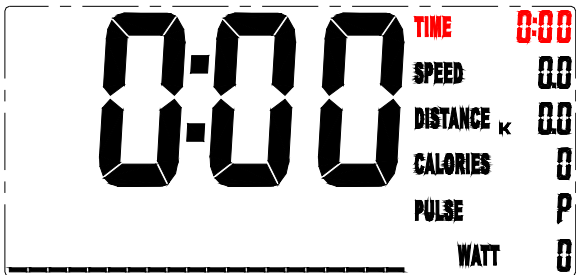


圖 11

5-2 After load level selected, you may preset function values for TIME, DISTANCE, CALORIES, and PULSE by turning UP/DOWN button and press MODE confirmation. (drawing 12~15)

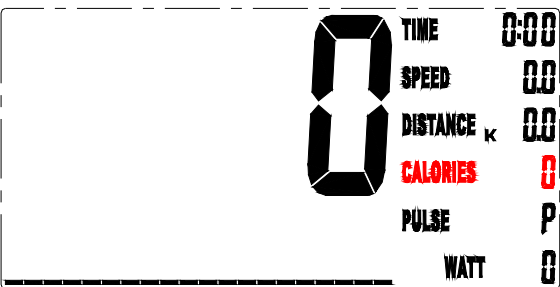
5-3 Pressing START button to start training.



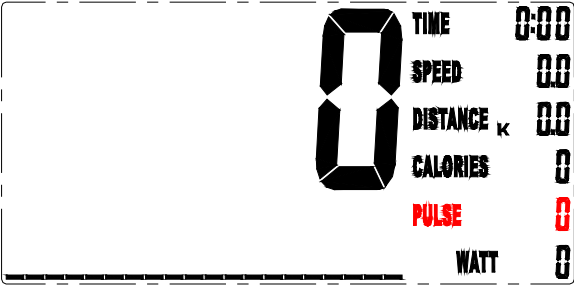
drawing 12



drawing 13



drawing 14



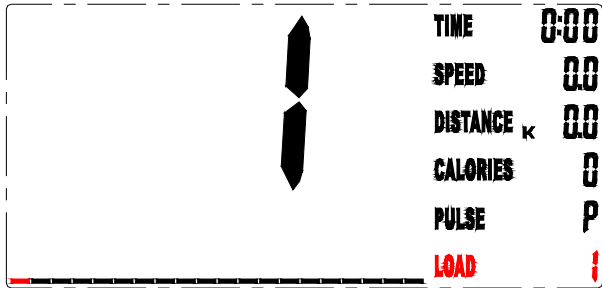
drawing 15

7. Training in USER PROGRAM :

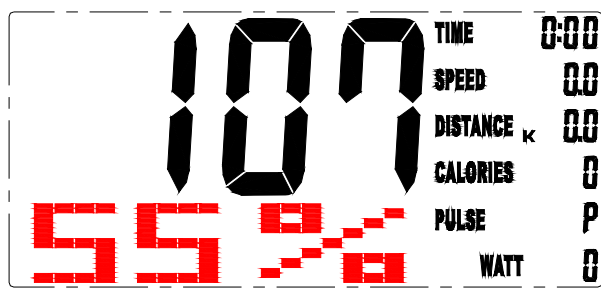
6-1 After USER PROGRAM selected, you may set prefer program profile by turning UP, DOWN and MODE button for each flashing column. There are 20 segments for setting, if you want to quit during setting, you may hold on MODE button for 2 seconds to quit, the previous setting profile will be saved for unfinished segment.

8. Training in H.R.C. mode :

AGE 25 is flashing after enter H.R.C. mode, you may set your age by turning UP/DOWN/MODE button. The monitor will calculate preset heart rate value automatically according to your age setting. Screen will show heart rate percentage 55%, 75%, 90% and TARGET. You may select heart rate percentage by UP/DOWN/MODE button for training. (drawing 17)



drawing 16



drawing 17

9. Training in WATT mode :

The preset watt value 120 is flashing on screen in WATT setting mode, select UP/DOWN/MODE to set target value from 10 to 350. Pressing START button to start training.

10. BODY FAT

10-1 Press the BODY FAT button to start measure the selected user's body fat.

10-2 During measuring, user has to hold both hands on the handgrip. And the LCD will display “--” “--” for 8 seconds until computer finish measuring.

10-3 LCD will display BODY FAT advice symbol, BODY FAT percentage, and BMI for 30 seconds.

<REFERENCE>

B.M.I. (Body mass index) integrated

B.M.I SCALE	LOW	LOW/MED	MEDIUM	MED/HIGH
RANGE	<20	20-24	24.1-26.5	>26.5

*** B.M.I. (Body Mass Index)***

BMI is to determine whether the user is fatness, but it is not 100% correct. For it can not tell user's body fat percentage.

BODY FAT <European>:

SYMBOL	—	+	▲	◆
FAT% SEX	LOW	LOW/MED	MEDIUM	MED/HIGH
MALE	<13%	13%-25.9%	26%-30%	>30%
FEMALE	<23%	23%-35.9%	36%-40%	>40%

Button Functions

- MODE : To set function value for TIME, DIST, CAL, PULSE in sleep mode.
- RESET : Return to main function mode in STOP mode and clean all preset function values at zero.
- START/STOP : To start or stop training
- RECOVERY : To test hear rate recovery status.

BODY FAT: For body fat measurement.

UP : To select training mode and adjust function value up.

DOWN : To select training mode and adjust function value down.

FUNCTIONS :

TIME : Count up - No preset target, Time will count up from 00:00 to maximum 99:59 with each increment is 1 second.

Count down - If training with preset Time, Time will count down from preset to 00:00. Each preset

Increment or decrement is 1 minute between 1:00 to 99:00.

SPEED : Display current training speed from 0.0 to maximum 99.9 km or ml.

RPM : Display current training rotation per minute.

DISTANCE : Count up - No preset target, Distance will count up from 0.00 to maximum 99.90 with each

Increment 0.1 KM

Count down - If training with preset target, Distance will count down from preset to 0.00.

Each preset increment or decrement is 0.1 KM (or ML) between 0.00 to 99.90.

CALORIES : Count up - No preset target, Calories will count up from 0 to maximum 990 with each 1 cal increment.

Count down - If training with preset target, Calories will count down from preset time to 0.

Each preset increment or decrement is 10 cal from 0 to 990 cal.

PULSE : The user may have heart rate figures display after holding both hands on handgrip sensors and chest belt transmitter is priority.

WATT : Display current training watt figures.

RECOVERY : After exercising for a period of time, keep holding on handgrips and press "RECOVERY"

button. All function display will stop except "TIME" starts counting down from 00:60 to 00:00.

Screen will display your heart rate recovery status with the F1, F2....to F6. F1 is the best, F6

F6 is the worst. User may keep exercising to improve the heart rate recovery status.

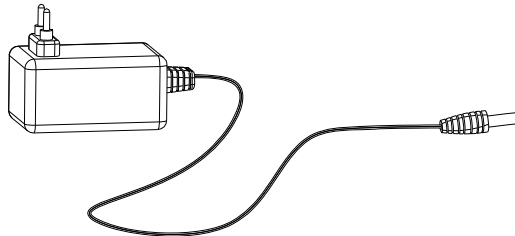
(Press the RECOVERY button again to return the main display.)

Note :

- 1. Please make sure you are still continuing to riding to produce the power for personal data when you operated the computer in the beginning.**
- 2. The black light computer will be shut off when you stop pedaling and the letter on the screen still can be kept for 15 seconds for operation.**

Pay attention :

1. You can find the following charging hole with warning label on side of chaincover. After assembling the machine, please make sure to plug such charger into the hole for charging for 8 hours. Then start to use machine.



- 2.If the you won't pedaling for charging the battery for a period of time or seldom use, the electricity power of battery will be not enough for computer memory storage and option subject to the following condition.

“The computer will be still on display when pedaling. But, the computer display will be shut off immediately when stop pedaling. It means the battery need to be charged again.”

- 3.It is not necessary to use the charger every time. The battery will charge by itself and have enough power if pedaling for at least 30 minutes everyday.
- 4.For safety, make sure to charge the battery each time for only eight hours and maintain the life & electric power of battery

